

Quilt Along: Dutch Postcard Table Runner

Heart Blocks

Week 5

What you'll need:

4 blocks of 3.5 x 3.5 inches

- White fabric: 2 blocks of 3.5 x 3.5 inches
- Delft Blue fabric: 4 hearts x $2 \frac{3}{4} \times 2 \frac{5}{8}$ inches
- Plain blue fabric: 4 small hearts $1.5 \times 1 \frac{1}{4}$ inch

Border: 2 x Delft Blue 12.5 inches x 1.5 inches (always cut a little bigger!)

Raw edge applique

You need the templates week 5. Draw the pattern on fusible web and cut it out. Iron on the fabric to be used and cut out. Find the center of the block and place the cut-out shape on it and iron. Do the same with the small hearts. I use the light box with the template on it and put the fabric over it. Then you can see exactly where everything should go. Secure everything with a small zigzag. You can do this with all 4 blocks.

Needle turn applique

I personally find the parts very small to appliqué by hand, but I know there are heroes among you who can. The templates show the parts with seam allowance. Cut out the templates, place on the fabric and mark. Cut out the patterns. You can find the middle by folding, or draw lines or use the light box. I use a light box on which I place the drawing, put the fabric over it and then mark with a frixtion pen where everything should go. But maybe that's too much explanation and you know better! Sew all the parts onto the fabrics. Iron and you have 4 blocks ready.

Sew 4 blocks together and iron. Put on another border of 12.5 x 1.5 inches on both sides.